AYURVEDA VACHASPATI (M.D.AYURVEDA) (2017 COURSE) Preliminary SWASTH: WINTER- 2022 SUBJECT: SWASTHAVRITTA

SUBJECT: SWASTHAVRITTA Day: Wednesday Time: 10:00 AM-01:00 PM Date: 22-02-2023 W-17991-2022 Max. Marks: 100 N.B.: 1) All questions are **COMPULSOR**. 2) Figures to the right indicate FULL marks. Draw neat and labeled diagrams WHEREVER necessary. 3) Answers to both sections should be written in SEPARATE answer book. 4) **SECTION-A** Write all definition of swastha and describe in detail Sushrutokta definition of (15) Q.1 'Swastha' and kashyapokta swastha lakshanas. Write importance of various Dincharyokta Vidhis for panchdyanendriyas. (15)**Q.2** Write in detail applied aspect of Jal-Mahabhuta according to Naturopathy. (10)Q.3 (10)Write short notes on (ANY TWO): **Q.4** a) Different definitions of Yoga **b)** Ahar Vidhi Vidhanas c) Grishma rutucharya **SECTION-B** Describe role of Yoga in prevention of non-communicable diseases. (15)Q.5 Explain National Leprosy Eradication programme. (15)Q.6

Explain National Leprosy Eradication programme. (15)

Describe Permanent contraceptive methods in female. (10)

Write short notes on (ANY TWO): (10)

a) House hold purification methods of water

b) Principles of Health education

c) Preventive measures of janapadodhwansa

Q.7

Q.8