

MASTER OF SCIENCE (NURSING) (2008 COURSE)
First Year M.Sc. Nursing MHPN MHPN :SUMMER- 2022
SUBJECT : CLINICAL SPECIALITY- I MENTAL HEALTH (PSYCHIATRIC)

NURSING

Day : Friday
Date : 3/6/2022

S-3644-2022

Time : 10:00 AM-01:00 PM
Max. Marks : 75

N.B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answer to both the sections should be written in **SEPARATE** answer sheets.

SECTION – I

- Q.1** Write Short Notes on **ANY THREE** of the following : **(15)**
- a) Standards of psychiatric nursing
 - b) Techniques of therapeutic communication.
 - c) Role of relaxation therapy in psychiatric illness.
 - d) Nurses role in lithium administration.
 - e) Application of nursing process in psychiatric nursing.
- Q.2** Long Question Answer : **(12)**
- a) What are the indication and contraindications of Electro-convulsive therapy? **(04)**
 - b) Discuss the role of nurse in Electro-convulsive therapy. **(05)**
 - c) Explain the neurotransmitters and its role in psychopathology. **(03)**
- Q.3** Long Question Answer **ANY ONE** of the following : **(11)**
- a) Define assertive behavior and explain techniques to promote assertive behavior. **(04)**
 - b) Explain psychological adaptation to stress. **(04)**
 - c) Discuss the role of nurse in management of stress. **(03)**

OR

- a) Discuss the establishment, maintenance and termination of therapeutic nurse-patient relationship. **(04)**
- b) Discuss the theory behind behavior therapy. **(03)**
- c) Discuss the techniques of behavioral therapy. **(04)**

SECTION – II

- Q.4** Write Short Notes on **ANY FOUR** of the following : **(16)**
- a) Mental health and mental illness continuum.
 - b) Therapeutic impasses
 - c) Mental status examinations
 - d) Side effects of anti-psychotic drug
 - e) Components of self-concepts
 - f) Manifestation of low self-esteem
- Q.5** Long Question Answer : **(11)**
- a) Define psychopharmacology and the characteristics of an ideal psychotropic drug. **(03)**
 - b) Classify psychopharmacological drugs. **(04)**
 - c) Explain in detail about anti-psychotic drugs and the role of nurse in it. **(04)**
- Q.6** Long Question Answer **ANY ONE** of the following : **(10)**
- a) Define cognitive development theory. **(02)**
 - b) Describe the standards of psychiatric nursing. **(05)**
 - c) Explain Systemic desensitization. **(03)**

OR

- a) Discuss the psychometric assessment for mentally ill patient. **(03)**
- b) Classification of mental illness-ICD-10. Explain it. **(04)**
- c) Discuss implication of psycho-immunology in mental illness. **(03)**

* * * * *