

M. D. (SWASTHAVRITTA) (2017 COURSE) : SUMMER - 2022
SUBJECT : SWASTHAVRITTA
PAPER -I : VAIYAKTIKA SWASTHAVRITAM SADVRITAM CHA
(PERSONAL HYGIENE AND MORAL CONDUCT)

Day : Wednesday
Date : 17.08.2022

Time : 10.00 A.M. To 1.00 P.M.
Max. Marks : 100

S18021-2022

N.B :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat diagrams **WHEREVER** necessary.

Long answer questions : (Any Three out of Four) [3 x 20 = 60 Marks]

- Q.1** Describe Vyadhikshamatra and its importance in prevention of Diseases.
- Q.2** Describe Viruddhahara and it's importance in prevention of Diseases.
- Q.3** Describe Concept of Vegas and it's role in prevention of Diseases.
- Q.4** Describe Holistic Health according to Ayurveda and role of Swatharitta in it.

Short answer questions: (Any Two out of Three) [2 x 10 = 20 Marks]

- Q.5** Describe Prajnaparadha and it's effect on Health.
- Q.6** Describe Genetics in Ayurveda and Modern Science.
- Q.7** Describe Rasayana procedures for Swastha.

Short Notes : (Any Four out of Five) [4 x 5 = 20 Marks]

- Q. 8** Principles of Health Education
- Q.9** Principles of Dietetics
- Q.10** Role of Ayurveda in Mental Health
- Q.11** Balanced diet for Healthy Adult
- Q.12** Ritus and Health

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