

F. Y. P. B. B.Sc. NURSING WINTER - 2021
SUBJECT : NUTRITION AND DIETETICS

Day : Wednesday
Date : 13/10/2021

Time : 10:00 A.M. TO **11:30 AM**
Max. Marks : **35**

W-2021 - 5657

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both sections should be written in **SEPARATE** answer books.

SECTION - I

- Q. 1** Write short notes on **ANY FOUR** of the following: **(20)**
- a) Principles of meal planning
 - b) Egg hygiene
 - c) Methods of cooking
 - d) Methods of food preservation
 - e) Vitamin A
 - f) Carbohydrates

SECTION - II

- Q. 2** Write long answer question (**Any ONE**)
- a) Difference between kwashiorkor and marasmus. **(07)**
 - b) Define therapeutic diet and discuss the types of therapeutic diet. **(08)**

OR

- a) Explain Mid-day meal programme. **(05)**
- b) Explain nutritional problems in India. **(06)**
- c) Explain balanced diet and its importance. **(04)**

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