

**F. Y. M. Sc. Nursing (2008 Course) : WINTER - 2021**  
**SUBJECT : CLINICAL SPECIALITY – I MENTAL HEALTH (PSYCHIATRIC) NURSING**

Day : Wednesday  
Date : 13/10/2021

Time : 10:00 A.M. TO 1:00 P.M.  
Max. Marks : 75

**W-2021 - 3644**

**N.B. :**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answer to both the sections should be written in **SEPARATE** answer sheets.

**SECTION – I**

- Q.1** Write Short Notes on **ANY THREE** of the following : (15)
- a) Role of genetics in psychiatric illness.
  - b) Phases of therapeutic nurse client relationship.
  - c) Documentations of nursing process.
  - d) Family therapy.
  - e) Psychoanalytical therapy.
- Q.2** Long Question Answer : (12)
- a) Explain mental health and mental illness continuum. (04)
  - b) Discuss the psychological adaptation to stress. (05)
  - c) Enumerate the classification of mental illness as per ICD-10. (03)
- Q.3** Long Question Answer **ANY ONE** of the following : (11)
- a) Discuss the object-relation theory. (03)
  - b) Discuss the relevance of Peplau's model of nursing practice. (04)
  - c) Discuss the topography of mind as per psychosexual theory. (04)

**OR**

- a) Enlist the indications of ECT. (03)
- b) Discuss the unit preparation of ECT. (04)
- c) Discuss regarding light therapy. (04)

**SECTION – II**

- Q.4** Write Short Notes on **ANY FOUR** of the following : (16)
- a) Play therapy
  - b) Anti-anxiety drugs
  - c) Critical pathways of care
  - d) Pet therapy
  - e) Therapeutic impasses
  - f) Carbamazepine
- Q.5** Long Question Answer : (11)
- a) Define overt and covert sensitization. (04)
  - b) Discuss the techniques of contingency contracting. (04)
  - c) Discuss the role of nurse in behavior therapy. (03)
- Q.6** Long Question Answer **ANY ONE** of the following : (10)
- a) Explain the concept of assertive communication. (03)
  - b) Discuss the behavioral components of assertive behavior. (04)
  - c) Explain thought stoppage technique. (03)

**OR**

- a) Enlist the components of self-concept. (03)
- b) Discuss the role of acupressure and acupuncture in mental illness. (04)
- c) Describe the verbal and non-verbal manifestations of low self-esteem. (03)

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