

FINAL B.A.M.S (2012 COURSE): WINTER – 2021

SUBJECT: PANCHAKARMA

Day: Thursday

Date: 06-01-2022

W-2021-9427

Time: 10:00AM-TO 1:00 P.M.

Max. Marks: 70

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Both the sections should be written in **SEPARATE** answer book.
- 4) Draw neat and labeled diagram **WHEREVER** necessary.

SECTION-I

- Q.1** Write role of Panchakarma in Asthang Ayurveda. [15]
- Q.2** Write Virechan Vyapad and its Management. [10]
- Q.3** Write short note on (**ANY TWO**): [10]
- a) Seasonal Panchakarma
 - b) Vicharana Sneha
 - c) Drava Sweda

SECTION-II

- Q.4** Write Anuvasana Basti Vidhi with its Vyapad and management. [15]
- Q.5** Write Siravedh Vidhi in detail. [10]
- Q.6** Write short note on (**ANY TWO**): [10]
- a) Transcutaneous Nerve Therapy (TENS)
 - b) Navana Nasya
 - c) Basti Sammelan Vidhi

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हिंदी रूपांतर

टीप -

- १) सभी प्रश्न अनिवार्य है ।
- २) दाहिने दिए हुए अंक गुणोंका निर्देश करते है ।
- ३) दोनो विभाग स्वतंत्र उत्तरपत्रिकामें लिखिए ।
- ४) आवश्यकता के नुसार उचित आकृती बनाईए ।

विभाग - १

- प्र.१ अष्टांग आयुर्वेद में पंचकर्म का वर्णन किजिए । (१५)
- प्र.२ विरेचन व्यापद तथा उसकी चिकित्सा लिखिए । (१०)
- प्र.३ टिप्पणी लिखिए । (सिर्फ दो) (१०)
- अ) ऋतुनुसार पंचकर्म
 - ब) विचारणा स्नेह
 - क) द्रव स्वेद

विभाग - २

- प्र.४ अनुवासन बस्ति विधि एवं व्यापद का वर्णन किजिए । (१५)
- प्र.५ सिराव्यध विधि का वर्णन किजिए । (१०)
- प्र.६ टिप्पणी लिखिए । (सिर्फ दो) (१०)
- अ) TENS (Transcutaneous Nerve Therapy)
 - ब) नावन नस्य
 - क) बस्ति संमेलन विधि

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Time: —

Max. Marks: 10

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) You have to make \surd such kind of marks in the box of appropriate answers.
- 3) This questions paper it self is an answer script, you have to return to the supervisor after 10 minutes.
- 4) There is no negative marking.

Seat No. _____

Total Marks obtained. _____

Jr. Supervisor's Signature _____

Signature of the Examiner. _____

M.C.Q.

Q.1 According to Charaka, Kharapaka is used in _____

a) Pana

b) Abhyanga

c) Nasya

d) Basti

Q.2 The Uttam Vega Shuddhi in Vamana _____

a) 6

b) 4

c) 8

d) 2

Q.3 Pinda Sweda is _____ type of Sweda.

a) Prastar

b) Holak

c) Sankar

d) Kupa

Q.4 The order of expulsion of Doshas in Samyak Vaman is _____.

a) Kapha-Pitta-Vata

b) Pitta-Vata-Kapha

c) Kapha-Vata-Pitta

d) Vata-Pitta-Kapha

P.T.O.

Q.5 Maniki Pariksha of Virechana Karma in Madhyam Shuddhi is _____

- a) 2 Prastha
- b) 3 Prastha
- c) 4 Prastha
- d) 1 Prastha

Q.6 Total number of Basti given in Yoga Basti are _____

- a) 15
- b) 16
- c) 30
- d) 8

Q.7 Anuvasana Basti Pratyagaman Kala is _____

- a) 1 Yama
- b) 2 Yama
- c) 3 Yama
- d) 4 Yama

Q.8 In Vatapradhan Raktadushti _____ is used.

- a) Shringa
- b) Alabu
- c) Jalouka
- d) Ghatyantra

Q.9 Pratimarsha Nasya Matra is _____

- a) 6 Bindu
- b) 4 Bindu
- c) 2 Bindu
- d) 1 Bindu

Q.10 Examples of conductive heating are _____.

- a) Hot Packs
- b) Paraffin Bath
- c) Warm Compressors
- d) All the above