

AYURVEDA VACHASPATI (M.D.AYURVEDA) (2017 COURSE)
Preliminary : WINTER :- 2021
SUBJECT: SWASTHAVRITTA

Day : Thursday
Date 27-01-2022

W-17991-2021

Time : 02:00 PM-05:00 PM
Max. Marks: 100

N.B.:

- 1) All questions are **COMPULSOR**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagrams **WHEREVER** necessary.
- 4) Answers to both sections should be written in **SEPARATE** answer book.

SECTION-A

- Q.1** Write importance of various Dincharyokta Vidhis for panchdyanendriyas. (15)
- Q.2** Write all definition of swastha and describe in detail Sushrutokta definition of 'Swastha' and kashyapokta swastha lakshanas. (15)
- Q.3** Explain Role of Rutucharya in promotion of Health and describe Varsharutucharya in detail. (10)
- Q.4** Write short notes on (ANY TWO): (10)
- a) Prayogik dhumpana
 - b) Nidra nash hetu and Chikitsa
 - c) Yama and Niyam

SECTION-B

- Q.5** Explain Revised National tuberculosis control programme. (15)
- Q.6** Describe role of Yoga in prevention of non-communicable diseases. (15)
- Q.7** Explain Role of swastha vritta and Yoga in sports medicine. (10)
- Q.8** Write short notes on (ANY TWO): (10)
- a) Oral contraceptive pills
 - b) Prevention of obesity by Ayurveda
 - c) Vector control in Malaria

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