

T.Y.B.Sc. (Nursing) 2007 Course & Winter-2018

SUBJECT: MENTAL HEALTH NURSING

Day: Friday

Time: —

Date: 12-10-2018 W-2018-4028

Max. Marks: 15

N.B:

- 1) All questions are **COMPULSORY**.
- 2) Put a tick mark in the appropriate box.
- 3) Use **BLUE/BLACK** ball pen only.
- 4) Section –I should be completed in **20** minutes.
- 5) Each question carries **ONE** mark.
- 6) Students will not be allotted any marks if he/she overwrites strikes or puts ink on the box once marked.

Seat No.: _____

Total Marks Obtained: _____

Jr. Supervisor's Signature: _____

Signature of the Examiner: _____

SECTION-I

MCQs:

Q.1 Schizophrenia is a term given by Swiss psychiatrist named _____.

- a) Eugene Bleuler
- b) Benjamin Rush
- c) Phillip Pinel
- d) Pythagoras

Q.2 Indian Mental Health Act was passed in the year _____.

- a) In 1987
- b) In 1918
- c) In 1946
- d) In 1950

Q.3 As per E. Erickson, the Psychological Crisis during early adulthood is _____.

- a) Intimacy Vs Isolation
- b) Autonomy Vs shame
- c) Ego Integrity Vs despair
- d) Trust Vs Mistrust

Q.4 Professional Performance Standards are _____.

- a) Health Teaching
- b) Planning
- c) Theory
- d) Continuing Education

P.T.O.

- Q.5** Identify the correct order of therapeutic relationship phases _____.
- a) Orientation, Pre-inter action, Working ,Termination
 - b) Pre-inter action, Working, Orientation, Termination
 - c) Pre-inter action, Orientation , Working ,Termination
 - d) Working ,Termination, Pre-inter action , Orientation
- Q.6** Subjective feeling of an experience which is occurring for the first time has been experienced before is called as _____.
- a) De -personalization
 - b) De-realization
 - c) De Javu
 - d) Jamis Vu
- Q.7** Verbatim recording of interaction between nurse and patient is known as _____.
- a) Case Study
 - b) Process Recording
 - c) Counseling
 - d) Case Management
- Q.8** An Example of atypical antipsychotic is _____.
- a) Chlorpromazine
 - b) Risperidone
 - c) Quetiapine
 - d) Olanzapine
- Q.9** Stages of mood in mania in which there is elevation of mood and delusion of grandeur is _____.
- a) Euphoria
 - b) Elation
 - c) Exaltation
 - d) Ecstasy
- Q.10** Which drug is not a mood stabilizer in the following _____.
- a) Carbamazepine
 - b) Clomipramine
 - c) Lithium
 - d) Sodium Valprorate

Q.11 Irrational Fear of specific object or stimulus is called _____.

- a) Phobia
- b) Anxiety
- c) Obsession
- d) Delusion

Q.12 A syndrome in which one of the features is giving approximate answer is called as _____.

- a) Multiple Personality Disorder
- b) La- Belle Syndrome
- c) PTSD
- d) Ganser's Syndrome

Q.13 Bouts of over eating and induced vomiting to control the weight is called _____.

- a) Anorexia Nervosa
- b) Bulimia Nervosa
- c) Obesity
- d) Over weight

Q.14 Sexual arousal occurs by wearing clothes of opposite sex is termed as _____.

- a) Transvestism
- b) Voyeurism
- c) Frotteurism
- d) Pedophilia

Q.15 She is Emotionally cold, aloof, detached, and humorless. Her Personality is _____.

- a) Histrionic
- b) Schizoid
- c) Dependent
- d) Paranoid

T.Y. B.SC. (NURSING) (2007 COURSE) : WINTER- 2018

SUBJECT: MENTAL HEALTH NURSING

Day: *Friday*

Time: 10.00 A.M. TO 01.00 P.M.

Date: *12-10-2018*

W-2018-4028

Max. Marks: 60

N.B:

- 1) All questions are **COMPULSORY**.
- 2) Answer to both the sections should be written in the **SEPARATE** answer books.
- 3) Figures to the right indicate **FULL** marks.

SECTION-II

- Q.1** Write short notes on **ANY FIVE** of the following: **(15)**
- a) Dementia
 - b) Borderline Personality
 - c) OCD
 - d) Behavior therapy
 - e) Dyssomnias
 - f) Autism
 - g) Anti psychotics

- Q.2** Long answer question:
- a) Define ECT. **(02)**
 - b) List down the indications of ECT. **(04)**
 - c) What are the complications of ECT? **(03)**
 - d) Role of nurse during ECT. **(06)**

OR

- Q.2** Long answer question:
- a) Define crisis **(02)**
 - b) Describe types of crisis **(02)**
 - c) What are the phases of crisis? **(05)**
 - d) Describe crisis intervention techniques **(06)**

SECTION-III

- Q.3** Write short notes on **ANY FIVE** of the following: **(15)**
- a) Dissociative disorder
 - b) Types of Schizophrenia
 - c) Any five principles of mental health nursing
 - d) Mental health team
 - e) Qualities of a psychiatric nurse
 - f) ADHD
 - g) Delirium tremens

- Q.4** Long answer question:
- a) Define therapeutic communication **(02)**
 - b) Describe the phases of therapeutic communication **(02)**
 - c) List down any five(5) therapeutic communication techniques with examples **(06)**
 - d) What are the barriers in therapeutic relationship **(05)**

OR

- Q.4** Long answer question:
- a) Define the term alcoholism **(02)**
 - b) List down the clinical features of alcoholic intoxication **(03)**
 - c) How do you assess the patient with alcoholism **(03)**
 - d) Explain the management of alcoholism **(07)**

* * * * *