

**Pre. Ph.D. Course Work (2017 Course) : SUMMER - 2018
(Swasthavritta)**

SUBJECT: PAPER – II (SWASTHAVRITTA)

Day: Tuesday
Date: 26/06/2018

S-2018-4772

Time: 10.00 AM TO 01.00 PM

Max. Marks: 100

N.B.:

- 1) Attempt **Any Five** questions from each
 - 2) Each question carries **10 MARKS**.
 - 3) Draw neat and labeled diagrams, **WHEREVER** necessary.
 - 4) Answer to both the sections should be written in **SEPARATE** answer book.
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SECTION – I

- Q.1** Describe the effect of Rutu on health and its preventive aspects in today's life. (10)
- Q.2** Explain the effect of various food materials on the body. (10)
- Q.3** Write Dinacharya procedures to maintain health of all Dnyanendriyes. (10)
- Q.4** Write importance of Ritucharya and its relevance in current environmental charges. (10)
- Q.5** Discuss the preventive aspects of Pathyapathya concept. (10)
- Q.6** Write Epidemiological concept in Ayurveda Perspective and describe prevention of Malaria in detail. (10)

SECTION - II

- Q.7** Explain National Blindness Control Programme in detail. (10)
- Q.8** Write the importance of Family Planning and write Hormonal Methods of contraception in detail. (10)
- Q.9** Discuss the Bahirang and Antarang Yoga and their approach in treating mental health problems. (10)
- Q.10** Discuss Virudhahar and its effect on body in current diet pattern. (10)
- Q.11** Explain the Philosophical and Therapeutical aspect of Yoga practices. (10)
- Q.12** Explain the Principles and Naturopathy and Therapeutics aspect of Naturopathy. (10)
