

D.N.Y.S : SUMMER-2018
SUBJECT: NATUROPATHY PAPER-II

Day: Thursday
Date: 28-06-2018

Time: —
Max. Marks: 10

S-2018-3774

N.B:

- 1) All questions are **COMPULSORY**.
- 2) You have to make (✓) such kind of marks in the box of appropriate answer.
- 3) This questions paper is self as an answer script, you have to return to the supervisor after 10 minutes.
- 4) There is no negative marking.

Seat No: _____

Total Marks Obtained: _____

Jr. Supervisor's Signature: _____

Signature of the Examiner: _____

Q.1 _____ is known as father of Hydrotherapy.

- | | |
|---------------------|--------------------------|
| a) Louie kuhne | <input type="checkbox"/> |
| b) Adolf Just | <input type="checkbox"/> |
| c) Vincent presnitz | <input type="checkbox"/> |
| d) Father kneipp | <input type="checkbox"/> |

Q.2 _____ is best type of mud.

- | | |
|----------|--------------------------|
| a) White | <input type="checkbox"/> |
| b) Clay | <input type="checkbox"/> |
| c) Black | <input type="checkbox"/> |
| d) Red | <input type="checkbox"/> |

Q.3 _____ color has stimulating effect on body.

- | | |
|-----------|--------------------------|
| a) Red | <input type="checkbox"/> |
| b) Blue | <input type="checkbox"/> |
| c) Green | <input type="checkbox"/> |
| d) Yellow | <input type="checkbox"/> |

Q.4 _____ bath is indicated in piles.

- | | |
|---------------|--------------------------|
| a) Spinal | <input type="checkbox"/> |
| b) Jet | <input type="checkbox"/> |
| c) Sitz | <input type="checkbox"/> |
| d) Irrigation | <input type="checkbox"/> |

P.T.O.

Q.5 Heliotherapy means _____.

- a) Use of Aroma
- b) Use of sea water
- c) Use of magnets
- d) Use of sunrays

Q.6 Static massage is of _____ types.

- a) 7
- b) 4
- c) 5
- d) 6

Q.7 While color is associated with _____.

- a) Heat
- b) Cold
- c) Peace
- d) Irritation

Q.8 Total duration of steam bath is _____ minutes.

- a) 10
- b) 20
- c) 30
- d) 40

Q.9 Accupressure is traditionally practiced in _____.

- a) India
- b) Srilanka
- c) China
- d) Nepal

Q.10 Kneading is a type of _____.

- a) Mud therapy
- b) Hydrotherapy
- c) Massage
- d) Fasting

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Day: Thursday
Date: 28/06/2018

S-2018-3774

Time: 10.00 AM TO 01.00 PM
Max. Marks: 90

N.B:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the **RIGHT** indicate full marks.
- 3) Draw neat labeled diagrams **WHEREVER** necessary.

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- Q.1** Explain procedure, types, indication, contraindication of mud therapy and its therapeutic uses. (15)
- Q.2** Classify massage movements and explain deep manipulation in detail. (10)
- Q.3** Write short notes on **ANY FOUR** of the following: (20)
- a) Spinal bath
 - b) Mud pack
 - c) Effect of Red and blue color on body
 - d) Douches
 - e) Sun bath
- Q.4** Write in detail about magneto therapy and its therapeutic applications. (15)
- Q.5** Summarize primary and secondary effect of hot and cold water on the body. (10)
- Q.6** Write short notes on **ANY FOUR** of the following: (20)
- a) Massage for back pain
 - b) Jet bath
 - c) Acupressure
 - d) Sauna bath
 - e) Epsom salt-importance and uses

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सूचना :

- १) सभी प्रश्न अनिवार्य है ।
- २) दाहिने दिए हुए अंक प्रश्नों के पुर्ण गुण दर्शाते है ।

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- प्र. १ मृत्तिका चिकित्सा की पद्धती, प्रकार एवं चिकित्सा में उपयोग स्पष्ट करें (१५)
- प्र. २ मसाज के तरीके बताकर, डीप मॅनीटयुलेशन वर्णन करें (१०)
- प्र. ३ टिप्पणीयाँ (कोई भी चार) (२०)
- अ) पृष्ठ स्नान
 - ब) मड पॅक
 - क) लाल और नीले रंग का शरीर प्रभाव
 - ड) डूश
 - इ) सुर्य - स्नान
- प्र. ४ चुंबकीय चिकित्सा का सविस्तर वर्णन करें (१५)
- प्र. ५ शीत एवं उष्ण जल का शरीर प्रभाव स्पष्ट करें (१०)
- प्र. ६ टिप्पणीयाँ (कोई भी चार) (२०)
- अ) कटी शूल में मसाज चिकित्सा
 - ब) जेट बाथ
 - क) अॅक्युप्रेसर
 - ड) सौना बाथ
 - इ) इपसम सोलट - महत्त्व

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