

**F.Y. M. Sc. (Nursing) (2008 Course) : SUMMER - 2019**  
**SUBJECT: CLINICAL SPECIALITY- I : d) MENTAL HEALTH (Psychiatric) NURSING**

Day : Saturday  
Date : 27/04/2019

**S-2019-4347**

Time : 10.00 A.M. TO 01.00 P.M.  
Max. Marks : 75

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**N. B. :**

- 1) All questions are **COMPULSORY**.
  - 2) Figures to the right indicate **FULL** marks.
  - 3) Answers to both the sections should be written in **SEPARATE** answer books.
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**SECTION – I**

**Q. 1** Write short notes on **ANY FIVE** of the following: **(15)**

- a) Circadian Rhythm
- b) Issues and Trends in Mental Illness
- c) Interpersonal Theory of Personality
- d) Psychometric Assessment
- e) Dynamics of Nurse Patient Relationship
- f) Behaviour Response Pattern to Stress
- g) Role of Nurse in Psychopharmacological Therapy
- h) Differentiate between ICD 10 and DSM – IV R

**Q. 2** Answer **ANY TWO** of the following:

- A)** Ms. Shama has the clinical features of persecutory delusion, labile mood, auditory hallucination and is asocial with other members.
- i) Explain the MSE components which should be taken into consideration for the above case. **(03)**
  - ii) What antipsychotic drugs can be used for this patient? **(03)**
  - iii) Write the nursing process based on any two symptoms. **(05)**
- B)** You have undergone an assertive training for 3 months duration at Chennai. You want to implement it for your ward nurses.
- i) Define Assertiveness. **(02)**
  - ii) Describe the behavior components of Assertiveness. **(05)**
  - iii) How will you conduct the thought stoppage technique? **(04)**
- c)** Mr. Zomi is a diagnosed case of mild mental retardation. The team treating him has decided to give Pet Therapy for 3 days a week.
- i) Define Pet Therapy. **(02)**
  - ii) List down the indication and advantages of Pet Therapy. **(05)**
  - iii) Explain the role of Nurse in Pet Therapy. **(04)**

**P. T. O.**

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**SECTION – II**

**Q. 3** Write short notes on **ANY FOUR** of the following: **(16)**

- a) Limbic System and its Role in Mental Health
- b) Mental Health and Mental Illness Continuum
- c) Classification of Complementary Therapies
- d) Object Relation Theory
- e) Types of Involuntary Admission
- f) Role of Nurse During ECT Procedure
- g) Rights of Mentally Ill Patient

**Q. 4** Answer **ANY TWO** of the following:

- A)** Mr. Neo is diagnosed with bipolar mood disorder – Mania type. He has been prescribed mood stabilizers
- i) What is the action of Mood stabilizers **(02)**
  - ii) List down the pharmacokinetics and side effect of Mood stabilizers **(05)**
  - iii) Explain the role of nurse in administering Mood stabilizer **(04)**
- B)** There are 12 clients of substance abuse. You are assigned to give group therapy, in which you have planned to give guided imagery.
- i) Explain Group therapy. **(04)**
  - ii) What are the steps of Guided imagery? **(03)**
  - iii) What are the other therapies you can administer for substance abuse clients? **(04)**
- c)** You are the in charge sister of Psychiatric Ward. The Matron wants to inspect the documentation of patients.
- i) List down the methods of Documentation. **(04)**
  - ii) Explain the critical pathways. **(05)**
  - iii) List down the principles that you would keep in mind while recording. **(02)**

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